



# St Patrick's School

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St Patrick's Primary School, Wangaratta, would like to acknowledge the Yorta Yorta Nation, whose clans include Bangerang (Pangerang) Kaitheban, Wollithiga, Moira, Ulupna, Kwat Kwat, Yalaba Yalaba and Ngurai-illiam-wurrung, as the Traditional Custodians of the land on which our school is situated.

This school supports the CHILD Safe Standards (Ministerial Order 870) and actively seeks to ensure that all students are kept safe from all forms of harm at all times.

## ST. PATRICK'S SCHOOL NEWSLETTER

6<sup>th</sup> March 2019

### ASH WEDNESDAY

Today is Ash Wednesday! It is an important day on the liturgical calendar as it marks the beginning of Lent. The forty-six-day period of preparation for the celebration of Easter.

It has its origins in the Jewish tradition where people wore ashes on their heads as a sign that they had sinned against God.

Today those administering the ashes will say, "Turn away from sin and be faithful to the Gospel". In other words, stop doing whatever it is that stops you from living a Christian existence and look to the Gospels as a guide to how to be a better person. The key message in the Gospels is the love that Jesus showed to all. A model for us all to follow.

During the season of Lent, the children will learn about social justice - especially people in our world who are less fortunate and need a hand up to improve the quality of their lives. In Australia, most of us take food, warmth and shelter for granted.

There are certainly families in Australia who struggle in these areas too, but they are lucky enough to have organisations such as St Vincent De Paul, Red Cross, Brotherhood of St Lawrence and Uniting Care (to name a few).

In third world countries some do not know, from one day to the next if they, or their family will eat at all. It is important that we teach our children their responsibilities as global citizens because, when we do, we are spreading a message of love, just as Jesus taught us.

Pancake Days and Easter Egg Raffles all help make the lives of others that much more bearable. It's a fun way of doing good for others.

Dear Parents,

Well, yesterday's Pancake Breakfast was a huge success again. We managed to raise \$567.35 - a fantastic effort! Special thank you to the staff who all pitched in to get the job done. This really is a great school to be involved in. The commitment of parents and staff to our students is just wonderful.

Today, being Ash Wednesday, the students in Years Three to Six attended the Ash Wednesday Mass at St Patrick's Church. Our little ones (Years Foundation to Two) had an age appropriate liturgy in the School Hall.

THANK YOU **THE BAKERS WIFE/APPIN ST BAKERY** FOR SUPPORTING OUR SCHOOL

## Parents & Friends

Last night's Parents and Friends meeting was very well attended. I think it may have broken a few records. It was great to have so many parents contributing to the conversation.

The MAYFAIR organising is going very well (special thanks to Hannah Robinson and Pip Nolan).

We still need an **AUCTION Co-ordinator**. This is just to coordinate things on the day (letters have already been sent out to businesses so there's no need to do that). It just requires someone to oversee things on the day (Annette has kindly offered to type up the auction list). A bit of recording and collecting really. If you want to volunteer (Annette and I'm here to help) just contact the office 57215795 or email: [abeitzel@spwangeratta.catholic.edu.au](mailto:abeitzel@spwangeratta.catholic.edu.au)

## Easters Eggs

The first of the Easter Eggs have begun to trickle in already. Thank you to the contributors. We ask that families donate one Easter Egg (more if you wish) to the school. These are bundled up into prizes and raffled off before Easter. There are multiple prizes to be won. All money raised goes toward CARITAS who do great work at supporting families in need both here in Australia and abroad.

Feel free to send along an Easter Egg at any time – the sooner the better, as it inspires others when they see the growing collection of chocolate in the office.



## Green Bike

We have a mid-sized green bike (RepcO) and helmet at school. It was left at school over the Christmas holidays. I advertised it earlier in the term, but it is yet to be claimed. If it is yours, then please contact the office.

## Curriculum Nights

With last Monday's Year 5/6 Curriculum night, we have now completed this round of information evenings. Thank you to the many, many parents who attended. I hope that you gained a better understanding of classroom life and discovered a few ways to support your children's learning.

Engaging parents in their child's learning reaps huge rewards for the students. Please always contact us (phone, email, See-Saw etc) if ever you need to get a better understanding of Classroom/School life or to clear up any queries that you may have. The teachers here are dedicated to getting the best from the students and your engagement in that process is extremely important.

## 2020 Enrolments – Just a reminder

I know that it's too early to be talking about enrolments for next year. However, we only take limited numbers and I need to make sure existing families are catered for first. If you have a child starting in Prep next year, could you please contact the office and let Annette or Rosie know so that we can put your child on our list. There is no need to attend an interview if you are an existing family (unless, of course you want to!).

## Thank You David

Thank you, David Maroney, for the work that he has put into fixing up the carpark and garden areas. It looks fantastic.

THANK YOU **YES OPTUS** FOR SUPPORTING OUR SCHOOL

## Vacation Care Program

We have decided to trial our Vacation Care Program. The Vacation Care Program will run from Monday the 8<sup>th</sup> April to Friday 12<sup>th</sup> April. **This is the first week of the school holidays.** It will begin at **8.00am and finish at 6.00pm.** Cost will be \$40.00 per child per day. Parents are required to send their children with snacks and lunch.

This is a trial and continuing to run the service will depend on how well patronised it is. We are not looking to make a profit from this service, and we try to keep things cost neutral to make it as affordable as possible for families.

If you are interested, then please contact Rosie in the office (57 21 5795) to reserve a place.

Please note that it will only run for the first week of the holidays.

## Working with Children's Checks

Do you have a current "Working with Children's Check"? If you do, can you please make sure that we have a current copy if you wish to be involved in school activities (excursions etc). Our records indicate that a number of parents on our books have expired "WWCCs". I'm sure they have been renewed. However, we do not have a record. Simply send a copy to school or pop into school so that we can take a photocopy of the certificate. Many thanks.



## Assembly

This week's Assembly is being run by Year 1/2 Capper & Bray. Please come along and join us if you are free.

## Changes to Lunch Orders – REMINDER

Just a reminder that the company that looks after the lunch orders have reduced their days to Wednesdays and Fridays only. Parents are free to order online and can also put a lunch order in the box (in the office) on the day before 9.00am.

## Web Calendar

If parents access the school's website ([www3.spwangeratta.catholic.edu.au](http://www3.spwangeratta.catholic.edu.au)) you will have access to a calendar of events as they come up. A calendar of events is also published in our newsletter. I will have as many available dates as possible on this site within the next week or so. Please check it periodically as I also add dates as they become known.

## Newsletter

Our newsletter can be accessed on our website and our Facebook page. Annette (in the Office) also has a mailing list that she is happy to include you on. Simply email Annette on:

[abeitzel@spwangeratta.catholic.edu.au](mailto:abeitzel@spwangeratta.catholic.edu.au) or phone the office (0357215795) and Annette will put you on the list. If all else fails, you can request a hard copy from the office.

THANK YOU FLYNN'S OF WANGARATTA FOR SUPPORTING OUR SCHOOL

## St. Patrick's PS APP REMIND

If you want to keep up with what's happening around the school, you can join REMIND.

It can be downloaded from the app stores to your devices using either of these links:

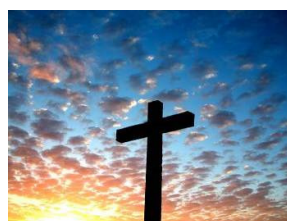
Apple - <https://goo.gl/IHQHGn> or Android - <https://goo.gl/FJWEv>

You will need to join our "Class" after you install and sign up - @spatwang, or St Patrick's Primary School Wangaratta



### *Mass Times*

- \* Saturday 6.00pm St Patrick's
- \* Sunday 8.00am St Patrick's
- \* Sunday 9.00am Our Lady's
- \* Sunday 10.30am St Patrick's
- \* Sunday 10.00am Moyhu
- \* Sunday 10.30am Whitfield (1st Sunday)



*Terry*

## DATES TO REMEMBER

MARCH	15 <sup>th</sup>	-	St Patrick's Day
APRIL	1 <sup>st</sup>	-	6.00pm P & F Meeting
	5 <sup>th</sup>	-	1.30pm Easter Egg Raffle Drawn
	5 <sup>th</sup>	-	2.30pm End of Term 1
	23 <sup>rd</sup>	-	9.00am Start of Term 2
MAY	5 <sup>th</sup>	-	MAYFAIR
JUNE	19 <sup>th</sup>	-	School Photos

## PLEASE HELP

Does anyone have any used plastic food container lying around house that you don't need? We are collecting clean containers, with lids, to use for the bottle stall at the Mayfair. Please send to the office, thank you.



THANK YOU **BROWN BROS** FOR SUPPORTING OUR SCHOOL

## **Bullying. No Way! 2019**



The National Day of Action against Bullying and Violence (NDA) is an important day to mark Australians standing together to say Bullying. No Way!

The NDA is chance to ignite the conversation about bullying and an opportunity for schools to showcase their anti-bullying strategies. Our school will be involved in this day. We do not tolerate Bullying in any way, shape or form. We need to talk to our students on a regular basis to help them through challenging times in their lives.

## **RESILIENCE, RIGHTS AND RESPECTFUL RELATIONSHIPS**

Stress is a normal part of life, especially as children get older. Children who cope better with life's stressors develop good mental health and wellbeing. Assisting students recognise their personal signs and symptoms of stress and develop effective strategies will help children cope with challenges in the future.

During this module students will be able to use:

### **Critical and Creative Thinking**

- Students will generate ideas that are new to them and make choices after considering personal preferences
- Students will demonstrate and articulate some problem-solving approaches

## **CHATTER MATTERS**

### **PHONOLOGICAL AWARENESS**

#### **FIRST SOUND AWARENESS:**

The First Sound Shop:

Set up a shop that sells only things that start with a particular sound. For example: The Mmmm shop sells milk, mice, marbles, marshmallows, mushrooms, matches, monkeys, mugs, mops and maps. Children brainstorm other items and may be encouraged to bring from home items that could be displayed. Try this with other sounds: E.g. b (balls, butter, bags, beetroots etc), or s (sandwiches, soup, sardines, socks etc).

# PAT ON THE BACK

<b>Foundation</b> Mrs Levesque	Congratulations to <b>VIOLET BUSK</b> for being ready to listen and follow instructions in readiness for her learning.
<b>Foundation</b> Mrs Shaw	Congratulations to <b>RAFF LYSTER</b> for the fantastic writing he is producing. He is really thinking about writing the sounds down as he says and hears them. Great job, Raff!
<b>Year 1/2</b> Mrs Bray	A big pat on the back to <b>JACK TONKIN</b> for the way he has worked consistently with his writing. He has shown great persistence in improving his handwriting and getting all his ideas down on the page. Keep it up superstar!
<b>Year 1/2</b> Cassidy/Russell	Congratulations to <b>MASON DAVERN</b> for working hard on getting organised quickly to commence writing tasks and adding more and more detail to his writing pieces. Well done, Mason!
<b>Year 1/2</b> Ms Rinaldi	Congratulations to <b>INDI-LEE BOULTON</b> for demonstrating excellent reading skills. It is a pleasure to listen to you read, Indi!
<b>Year 1/2</b> Mr Capper	Congratulations to <b>SCARLETT DALTON</b> for being a responsible, co-operative group worker and for her knowledgeable contributions to our discussions.
<b>Year 3/4</b> Nicoll/Lynch	Congratulations to <b>LACHLAN MURTAGH</b> for the focus and persistence that he is demonstrating towards his learning.
<b>Year 3/4</b> Mrs Newton	A big pat on the back to <b>GRACE FAHEY-PYLE</b> for always being polite and helpful in the class. Thanks for being an awesome member of our team!
<b>Year 3/4</b> Mrs Rizzo	A big pat on the back to <b>ALEXANDRA NOLAN</b> for being a great role model to others in her class and the wonderful effort she has put into her handwriting and presentation of work. Love it Ally, well done!
<b>Year 3/4</b> Mr Levesque	A big pat on the back to <b>MANNIX SCOTT</b> for focussing on his work and asking questions when he needs help.
<b>Year 5/6</b> Mrs O'Connor	Congratulations to <b>BENJAMIN ROBERTSON</b> for his leadership both inside and outside the classroom. Benny leads by example and is someone younger students should aspire to be like.
<b>Year 5/6</b> Ackerly/Higgs	Congratulations to <b>EDWARD ROBERTSON</b> for the fantastic way he contributes to class discussions, particularly those relating to scientific and environmental topics. Well done, keep up the good work!
<b>Year 5/6</b> Mrs Rickard	Congratulations to <b>PIPER ATTERIDGE</b> for the hard work she is putting into her spelling activities each week. She is concentrating and remaining on task to ensure she completes her activities in the time given. Well done, Piper!
<b>Special Award</b> Mrs Patterson	Congratulations to <b>ALEXANDER RECH</b> for the fantastic way he has settled into the routine of the ANT program. He comes ready to learn! Keep it up, Alex!



# WHAT'S HAPPENING IN THE CLASSROOM

## FOUNDATION – Caz & Trish

### TONIGHT

#### **\*\*Parent Reading Information Evening\*\***

Demonstrations with children reading

Wednesday 6th March

5.30pm-6.15pm

**Religion:** We continue our unit, 'What do we know about Jesus?' We will continue listening and discussing stories about Jesus from the bible. This week we will listen to the story when Jesus' mission begins as he calls his disciples.

**Literacy:** The Foundation students will continue to read, write and discuss the big book. The students will work through a variety of alphabet, rhyme and syllable activities daily.

Foundation Levesque - 'Brown Bear, Brown Bear'

Foundation Shaw - 'Grandpa, Grandpa'

**Mathematics:** The students will find and name 2D shapes in their environment. The students will investigate how many sides and corners the shapes have.

What shapes can you find around your house or street?

**Inquiry:** 'Shaping our Identity' The students will continue to consider what they like and learn ways to express themselves.

#### **Show and tell:**

**This week** - 'An item that has a rectangular shape'

**Next week** - 'An item that has a triangular shape'

## YEAR ONE/TWO – Janina, Amanda, David & Karen

### **Literacy**

#### *Reading*

- We have added a lot of new readers to the take home system this week. If you have any readers that are sitting at home, we are only too willing to accept them.
- Some children are still forgetting to bring the green take home bags with readers to school each day. It is important that they come to school as we commence each day with reading and all children should (not on novels) should be changing their readers daily,
- Keep asking those questions so as to develop comprehension strategies.

#### *Handwriting*

- There will be a daily focus on handwriting, particularly on the correct formation of letters. This week's letter is 'Jj'
- We will continue to encourage correct pencil grip and paper position.

THANK YOU **MCDONALD'S WANGARATTA** FOR SUPPORTING OUR SCHOOL

### *Writing*

- Continuing with Recount.

### *Spelling*

- Spelling is 'nk' as in bath and 'g' as in gum

### *Dictation*

- The daily focus has seen the children showing some definite improvement. The unnecessary use of capital letters is still a little problematic.

### **Numeracy**

- Number & Place Value

Year 1 – Reading and writing numbers, Counting On

Year 2 – Reading and writing numbers, Adding in your head

### **Physical Education**

- Mondays and Fridays this term

### **Rotations**

- The four classes rotate through four activities each Tuesday

**Library (David)** – Choosing the right book

**Italian (Janina)** – Food

**STEM (Amanda)** – STEM extension program.

**Inquiry (Karen)** – Growing Up

### **YEAR THREE/FOUR – Sarah, James, Karen & Nara**

**What a wonderful turn out for 'Pancake Tuesday'. As always there were lots of families, pancakes, music and coffee. Can't beat that! Thank you for your support.**

**Religion:** We are bringing our unit, 'Circle of Life' to an end. Students are finishing their work about different times in their lives where they may have suffered loss, separation or sadness, how they overcame these feelings, and how they were supported through such times. The children have also been exploring the Scripture passage Eccl 3:1-8 'Everything has its Time' and the movie, 'Lion King' and relating them to life itself. Our next unit is Lent: Preparing for Easter.

THANK YOU **LIGHTING & DÉCOR** FOR SUPPORTING OUR SCHOOL



## Literacy

**Reading:** We are continuing to read a variety of picture story books, identifying the problems and solutions in each book. This week in Writing, students will start planning their own stories. Our focus during reading time has been to ask different types of questions about text, that is, opinion, prediction and language questions, as well as questions related to characters and setting.

**Spelling Focus:** o\_ e as in bone, home, stethoscope.

**Writing:** Students are working on developing different aspects of the narrative story graph as they plan their stories.

**Numeracy:** We are continuing to work on place value of whole numbers. This involves the students recognising, modelling, representing and ordering numbers to at least 10 000 (Year 3), and to at least tens of thousands (Year 4).

**Homework:** Students have been given their homework task for this week. It involves tasks that they have been focusing on in class. We encourage any students that are having any trouble with the homework to please see their teacher as soon as possible.

## YEAR FIVE/SIX – Andrea, Helen & Sharyn

What an outstanding start we have had to the year, our year 5 and 6 students are working very hard and have already displayed kindness, cooperation and evidence of great learning. All classes are settled and working well. Thank you to all parents who attended the Curriculum Information night, we hope that you gathered new information to assist you in supporting your child's learning journey.

### REMINDERS:

- Thankyou to those who have return camp permission and medical forms. **Camp notes are now overdue.** Please return to your child's class teacher ASAP if you haven't already.
- CAMP DATES: Monday 25<sup>th</sup> - Wednesday 27<sup>th</sup> March.



A big thankyou to Dr Treahna Hamm for sharing the Indigenous creation story last week and for assisting with the beautiful artwork that retells the story. The day was outstanding we learnt so much about the significance of the river and animals to Indigenous people and linked this in with our Gospel creation stories. Artwork will be displayed in the main corridor soon.

THANK YOU **GABBY HANDMADE RESIN JEWELLERY** FOR SUPPORTING OUR SCHOOL

**Numeracy Focus** - Multiples, Factors, Primes and Composite numbers. Processes and strategies involving the four operations.

**Reading Focus** - Reading different non-fiction text types related to information texts. **About the Text** focus.

**Writing** - Persuasive speech writing - selecting an audience to write a short speech to encouraging sustainable practices in our rivers ie. fishermen, Federal Government, water users, Cotton industry.

**Religious Education** - Shrove Tuesday discussions and Ash Wednesday Mass. Students will be thinking of something we can sacrifice during the Lent Period to reflect on the sacrifice Jesus made for us.

### **Homework.**

The students are required to read daily (recording in their reading log) and respond to a stem question from 'About the Text'. Complete a spelling word study activity and observe and record the weekly grocery budget.

### **RRRR (Respectful Relationships, Rights and Responsibilities)**

This term the Years 5 and 6 will be focussing on Stress Management. The aims of this unit are to identify some causes of stress and strategies that can be used to reduce stress and to identify and explain factors that influence effective communication in a variety of situations. The evidence behind this unit states. *'Stress is a normal part of life, especially as children get older. Children who cope better with life's stressors develop good mental health and wellbeing.10 Assisting students recognise their personal signs and symptoms of stress to develop strategies that will help them to deal with those effectively, will help them cope with challenges in the future'* (RRRR, 2018).

### **Communication:**

To contact your classroom teachers, we encourage you to use the school emails or call the school directly (57217596). As always you are also welcome, to visit the classroom.

[aoconnor@spwangeratta.catholic.edu.au](mailto:aoconnor@spwangeratta.catholic.edu.au)

[sackerly@spwangeratta.catholic.edu.au](mailto:sackerly@spwangeratta.catholic.edu.au)

[hrickard@spwangeratta.catholic.edu.au](mailto:hrickard@spwangeratta.catholic.edu.au)

[khiggs@spwangeratta.catholic.edu.au](mailto:khiggs@spwangeratta.catholic.edu.au)



## **MAYFAIR SHOWBAGS**

WANTED – Brown Paper bags  
COLES Mini Shop Collectables  
McDonald's Toys (in the wrappers)  
Keyrings, Lanyards for Mayfair 2019 showbags.



Please deliver to the office, thank you.

THANK YOU **BUNNINGS WANGARATTA** FOR SUPPORTING OUR SCHOOL



## **St. Patrick's Vacation Care** **8<sup>th</sup> April to the 12<sup>th</sup> April 2019**

**Please complete the following form and return to the office.**

### **Name and age of Children**

1).....

2).....

3).....

### **Please indicate the days of interest**

#### **Days of Attendance Week One (Please tick)**

☐

Monday 8<sup>th</sup> April

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Tuesday 9<sup>th</sup> April

☐

Wednesday 10<sup>th</sup> April

☐

Thursday 11<sup>th</sup> April

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Friday 12<sup>th</sup> April

Please know that all activities and any excursions will be told prior to commencement of the holidays.  
All meals will be provided by parents.

Signature of Parent.....(Mother/Father/Guardian)

NOTES.....  
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**\*School resumes on Tuesday, 23<sup>rd</sup> April 2019**

# **TARTAN UNIFORM ORDERS 2019**

Due to the lengthy turnaround time  
in manufacturing of tartan uniforms

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We are doing a pre-winter order to ensure  
students don't miss out if our stock levels run out

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Orders will be taken  
from now until 19th March 2019

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We expect delivery in first week back after  
the school holidays

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10% DISCOUNT applies with payment  
upon ordering





# Galen Catholic College

## Year 7 (2020) Enrolment Information

### *Enrolment at Galen - 4 easy steps*

<b>Step 1</b>	<b>Attend our Information Evening</b>	<b>Date:</b> Tuesday 12th March <b>Time:</b> 7.00pm <b>Location:</b> Galen Catholic College Stadium	No need to book
<b>Step 2</b>	<b>School Tours: see Galen in action</b>	<b>Available dates:</b> <ul style="list-style-type: none"> <li>• 14th March 9.15am &amp; 1.50pm</li> <li>• 15th March 9.15am &amp; 1.50pm</li> <li>• 18th March 9.15am &amp; 1.50pm</li> <li>• 19th March 9.15am, 1.50pm &amp; 5.00pm</li> <li>• 20th March 9.15am, 1.50pm &amp; 5.00pm</li> </ul>	<b>Book online:</b> <a href="http://www.schoolinterviews.com.au">www.schoolinterviews.com.au</a> (login code: 2fz7t) Or <b>Contact the school:</b> 5721 6322 Or <b>Book by email:</b> <a href="mailto:admin-enquiry@galen.vic.edu.au">admin-enquiry@galen.vic.edu.au</a>
<b>Step 3</b>	<b>Submit your application</b>	Applications available from <a href="http://galen.vic.edu.au">galen.vic.edu.au</a> or Main Office <b>Due date: 22nd March</b>	By mail or In person
<b>Step 4</b>	<b>Attend an interview</b>	<b>Available dates:</b> <ul style="list-style-type: none"> <li>• <b>March:</b> 25th, 26th, 27th, 28th, 29th</li> <li>• <b>April:</b> 1st, 2nd, 3rd, 4th, 23rd, 26th, 29th, 30th</li> <li>• <b>May:</b> 1st, 2nd, 3rd, 6th, 7th, 8th, 9th &amp; 10th</li> </ul>	<b>Book online:</b> <a href="http://www.schoolinterviews.com.au">www.schoolinterviews.com.au</a> (login code: zefwa)  Bookings open 21st March





**On the first Sunday of May each year St Patrick's Primary School holds our annual MAYFAIR.**

It is our major fundraiser for the year and raises more than 75% of our overall funds. Though equally important, it is a school community event. The whole school; parents, staff and students all pull together to create a great day to celebrate our school and our wonderful school community. The children get very excited about their annual Mayfair and all of the funds raised on the day are put back into the school for various improvements, educational tools and equipment (check out that awesome new playground!)

There is an amazing selection of food, games, arts and crafts, show bags, rides, entertainment, live auctions and this year some of our Grade 5 and 6 Students are also helping us to make it more environmentally friendly than ever!

Our Mayfair is so much fun and attracts people from the broader community who come to enjoy the day as well.

Mayfair is only possible due to the commitment of our wonderful families (and past families) and staff. Whether it be baking, donating items, setting up, or helping out on a stall throughout the day...this involvement is what makes it such an awesome day!

You will see lot's of updates in the newsletters in coming weeks, as we excitedly countdown to **SUNDAY MAY 5th!!!**

If you have any questions about Mayfair or a particular area where you would love to help out, please contact me on 0414 993 304 or email [hselwood@gmail.com](mailto:hselwood@gmail.com)

**Welcome to St Pat's and enjoy**

Warm regards,

Hannah Robinson

Mayfair Co-ordinator  
Parent's & Friend's Association



## St Patrick's School,

Ovens Street, Wangaratta, Vic 3677

Phone: (03) 5721 5795

Fax: (03) 5721 9604

Email: [principal@wangaratta.catholic.edu.au](mailto:principal@wangaratta.catholic.edu.au)

We are writing to you on behalf of the St Patrick's Primary School Parent's and Friend's Association in relation to our 2019 fundraising.

St Patrick's Primary School will be holding three major fundraisers this year; our annual May fair, our ladies day luncheon and our annual Colour Run. At each event we will run auctions and raffles, these items contribute to the highest raised funds for our school.

We would be thrilled if you would support our school in 2019.  
Donations both big and small are gratefully accepted.

We appreciate the number of events held in Wangaratta and the generosity of the businesses we have. Therefore, this will be the only donation request which our school will make in 2019.

Pip Nolan is our auctions and donations co-ordinator. Pip along with other volunteers will be visiting businesses over the coming weeks collecting donations/donation pledges. However should you wish to contact Pip in the meantime, you can do so on her mobile 0417 126 580 or via email [philippa.nolan@bigpond.com](mailto:philippa.nolan@bigpond.com)

Business Name \_\_\_\_\_

Donation pledge \_\_\_\_\_

Donation value \_\_\_\_\_

Detail of drop off/collection arrangement \_\_\_\_\_

It would be our hope that, with your sponsorship, we would strongly encourage our school community to support your business as our preferred supplier and friend of St Patrick's Primary School. Should you have some particular promotional material you would like distributed or displayed, I'd welcome you to contact me on 0414 993 304 to discuss these options.

Thank you for your time and we look forward to your support in 2019.

Warm regards,

Hannah

Robinson

Mayfair Co-ordinator, St Patrick's Primary School



# INFORMATION FOR PARENTS

## PREMIER'S ACTIVE APRIL 2019



**Get active this April with our brand new workout videos!**

You can also use the new Activity Timer, all available on our Active April app for iOS & Android.

## ACTIVE CHILDREN. ACTIVE FAMILIES.

Premier's Active April encourages Victorian families to get healthy and active by participating in 30 minutes of physical activity a day for the month of April and beyond. Jump on board and support our school.

### Register and help our school win:


- ▶ A range of **Sportsmart vouchers** for schools with the highest registration numbers to buy new school equipment and resources
- ▶ Visits from **high profile athletes**
- ▶ An **ACTIVE Map** school bike education course
- ▶ A **bike education workshop** with a healthy breakfast
- ▶ **\$2000 Sportsmart voucher** for most active school

### You will also receive:

- ▶ 10 free passes at your local **YMCA** or access to a local government recreation facility
- ▶ 30% discount at **SEA LIFE** Melbourne Aquarium and **LEGOLAND** Discovery Centre Melbourne
- ▶ One 2 for 1 ticket offer for **Otway Fly Treetop Adventures**
- ▶ 10% discount at **Sovereign Hill**
- ▶ 15% discount at **Sportsmart** in store and online
- ▶ Free experiences at participating **Parks Victoria** parks

- ▶ 15% discount for a **Coasting: Stand Up Paddleboarding** session
- ▶ 15% off **Rock Up Netball** Train and Youth Programs
- ▶ 20% discount for **Netball Victoria** community clinics
- ▶ One 2 for 1 green fee offer at participating **Golf Victoria** courses
- ▶ 10% discount on term 2 **My Golf** Junior Programs
- ▶ One hour free tennis court hire at Melbourne Park or Albert Reserve
- ▶ Five free group dance lessons at a participating **DanceSport Victoria** centre
- ▶ Entry into the draw to win tickets to 2020 **Australian Open** Tennis Finals\*
- ▶ One free **Cardio Tennis** trial at participating Tennis Victoria courts
- ▶ One hour free tennis court hire at Melbourne Park or Albert Reserve
- ▶ Entry into the draw to win tickets to 2020 **Australian Open** Tennis Finals\*

Register today – [activeapril.vic.gov.au](http://activeapril.vic.gov.au)

Follow us on:   



Terms and conditions for all prizes and offers apply. Visit [activeapril.vic.gov.au](http://activeapril.vic.gov.au) for details.

\*Winner receives two tickets to either the 2020 men's or women's finals.

Enjoy quality family time for free just by getting involved. Create a family team and see what different activities you can achieve together.

### Register your family and you could win:

- Fitbits and iPad minis
- Memberships and passes for SEA LIFE Melbourne Aquarium, LEGOLAND Discovery Centre and Otway Fly Treetop Adventures
- Family memberships for Sovereign Hill
- Family tickets for the Suncorp Super Netball
- Sportsmart vouchers
- Family weekends at Anglesea YMCA Recreation Camp

### Physical activity during childhood can help with:

- Developing a healthier heart and lungs
- Building stronger bones and muscles
- Improving motor skills
- Improving self-esteem
- Reducing stress and anxiety
- Improving school performance
- Improving concentration

### What you can do as a parent:

- Do some Get Active Workouts at home or in the park with the kids
- Turn off the TV and computer, and limit screen time
- Plan fun activities with your children – let them choose
- Find out what our school is doing to see what you can do at home
- Check out local offers and events in our area

### Suggested activities you can do as a family:

- Walk to school
- Walk the dog
- Go for a family bike ride
- Explore where you live and walk a different route
- Do the family chores together – shopping, washing the car
- Set up a backyard obstacle course
- Get some chalk and make a downball or hop-scotch court on your driveway

- Play a game of backyard cricket
- Play kick-to-kick with the footy or soccer ball
- Play wall tennis
- Play backyard volleyball with a balloon. Try to keep the balloon up!
- Throw a frisbee
- Jump rope
- Hula hoop
- Play hide and seek
- Head to the local playground
- Fly a kite
- Perform an activity during every ad break on TV
- Make your own treasure hunt
- Get a pedometer for everyone in the family and compare your steps
- Set goals and rewards
- Create your own motivational posters to put up around the house

## Get your Active April Family Planner

Download and print your family planner with 30 fun family activities to kick start your Active April. Set a family challenge, track your progress and see how many activities you can do!



#### MAJOR PARTNERS



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Authorised by the Victorian Government, 1 Treasury Place, Melbourne.