

St Patrick's School

Ovens St, Wangaratta, Vic 3677 Phone: (03) 5721 5795 Fax: (03) 5721 9604 Email: principal@spwangaratta.catholic.edu.au

St Patrick's Primary School, Wangaratta, would like to acknowledge the Yorta Yorta Nation, whose clans include Bangerang (Pangerang) Kaitheban, Wollithiga, Moira, Ulupna, Kwat Kwat, Yalaba Yalaba and Ngurai-illiam-wurrung, as the Traditional Custodians of the land on which our school is situated.

This school supports the CHILD Safe Standards (Ministerial Order 870) and actively seeks to ensure that all students are kept safe from all forms of harm at all times.

#### ST. PATRICK'S SCHOOL NEWSLETTER

4th June 2019

## Aboriginal Reconciliation

Last week, I was honoured to attend the Mass for Aboriginal Reconciliation with a number of teachers and students from school. It was a truly beautiful ceremony that highlighted to me just how far we've come and how much we have to go to achieve full Reconciliation with the Indigenous people of this beautiful country of ours.

This time last year, I was lucky enough to visit some Pueblos (Native American tribal communities) in New Mexico. I was impressed with their sense of identity and I reflected fondly on a government that has made great inroads in supporting the Indigenous cultures of the North American Continent. I thought at the time, how nice it would be if our Aboriginal tribes could celebrate their identity more fully with white Australians. This year, I think that I saw that begin to happen. I sense a feeling of pride in the Elders and Aboriginal people whom attended the event. So, they should, as they have so much to be proud of.

As I've gotten older, I've become aware of the similarities of the spirituality of different cultures. Take the Dreamtime story of the Rainbow Serpent that created the land and the rivers and lakes. To me, this is God at work in the world. What I call God, they call the Rainbow Serpent, but I suspect we are talking about the same deity, it's just that we look at things from our own cultural background and traditions. In that way, my spirituality is linked to Aboriginal spirituality and vice-versa. Muslims worship Allah, Jews - Yahweh, Hindus – have multiple Gods and so on for all the religions of the world (not to be confused with Scientologists and other "whacko" cults). In the end though, I think we are all acknowledging the same God who loves each of us unconditionally and who doesn't look at what our religious background is but more how we live our values and strive to make the world a better place.

In that way, my spirituality and Aboriginal spirituality is the same, it's just that we express it in different ways.

Dear Parents,

Last weekend's Confirmation/Eucharist celebrations went very well. Congratulations to the students who presented so well and to the parents for their care and dedication. A special thank you to our two Religious Education Co-ordinators, Andrea O'Connor and Trish Shaw who did a fabulous job of organising everything and to the staff who attended in support. It was great to have so many there to share the occasion.

## School Closed

St Patrick's School will be closed **TOMORROW- Wednesday**, **5**<sup>th</sup> **June** for a Report Writing Day. The following Monday (10<sup>th</sup> June) is a public holiday for the Queen's Birthday.

## **Division Cross Country**

This Thursday, the students that qualified for the Division Cross Country will be competing at the Barr Reserve from 10.00am until 12.00pm. Andrea O'Connor and Sharyn Ackerly will be accompanying the students who will be travelling to and from the venue by bus.

## Learning Walk – Next Tuesday – 11<sup>th</sup> June at 9.00am

Parents are invited to come along to a Learning Walk. Teachers will escort parents through the school (Foundation to Year 5/6) to observe how our literacy programs run and to give parents a perspective on developmental stages and ideas they can use to assist their child's learning journey. It should take about an hour to visit a class in each area of the school and discuss elements of interest to parents over a coffee. Everyone is welcome to attend.

## Parent/Teacher Interviews

These will take place on Tuesday, 25<sup>th</sup> June, and Wednesday, 26<sup>th</sup> June from 3.45pm to 7.00pm. Interviews will be 15 minutes in duration. To book an interview time with your child's teacher/s simply access the attached link and follow the instructions. Bookings will close on 24<sup>th</sup> June. Any bookings after this date can be made by contacting the office or the teacher directly.

#### https://www.schoolinterviews.com.au/book/step1?z=Hm8iMA The event code is: er259

## School Board News

We have the results from the survey conducted by the Board looking at what areas parents would be interested in learning more about. There were four main areas with the majority of responses coming from the junior school parents. The areas that we will investigate in the next twelve months are:

(1) Resilience, (2) Mental Health, (3) Bullying and (4) Children and friendships

The plan for this year is to cover two areas (one in term three and one in term four). Next term, there is a Resilience team coming to Wangaratta and we will explore ways of perhaps subsidising entry for interested parents.

In covering the term four topic, we would like to know if anyone has any ideas or contacts who could address either of the remaining three areas. It may be someone whom you've come in contact with that impressed you as a speaker or someone that you have heard about. If you have any ideas, could you send an email to either Kristen Glenister (Kristen.glenister@unimelb.edu.au), Connie Cudini (conniecudini@gmail.com) or myself (tcorrigan@spwangaratta.catholic.edu.au).

## Photo Envelopes



Photo envelopes were sent home last week. Please check your child's bag to make sure that you've received them. Family Photo envelopes are available from the Office. School Photos will take place on Wednesday, 19<sup>th</sup> June.

THANK YOU NUFRUIT FOR SUPPORTING OUR SCHOOL

## Thanks Anna Russell

Anna Russell has been working in Year 1/2 Cassidy all this year. Last Monday was her last day as she and her husband (Stuart) are heading off on an adventure. I'd like to thank Anna for her dedication to the students and wish her good fortune and bon voyage. We are hopeful of having Anna work with us again a little later in the year.



## Assembly

This week's Assembly is being run by Years 5/6 students. Please feel most welcome come along and join us if you are free.

## St Vincent De Paul – Winter Appeal



St Vinnies are running their Winter Appeal again this year. As they are having renovations done to their storage facilities, they are unable to collect foodstuff this year. Instead, they are hoping to collect blankets and money (to purchase food vouchers). Apparently as the weather has turned cold quite quickly, they have had a bit of a "run" on blankets.

If you have any blankets that you would like to donate (in reasonable to good condition), then please send them along to school. Our **Social Justice Team** will also be involved in purchasing some blankets for St Vinnies using money collected for just such a thing over the past twelve months. Please give if you are able as it can make a world of difference to those who have less than we do.

## After School Care

Just a reminder that due to increasing numbers on certain days, we would appreciate that, if you require your children to be booked into After School Care on a casual basis, that you ring the office or email Rosie at rpane@spwangaratta.catholic.edu.au to see if the day you require is not fully booked. At this stage Tuesday's is full and you may not get your child in unless there are absences. Please call the office to make sure a position is available.

*If you are enrolling your child in for the first time, please register with Centrelink to receive your rebates.* If your child is registered in After School Care, you are eligible to receive a rebate. All you need to do is register with Centrelink on the MyGov website.

## Closure Days

There are two closure days coming up in June:

5<sup>th</sup> June-Report Writing Day21<sup>st</sup> June-Professional Development Day (Maths Conference in Melbourne).

## Vacation Care Program

Following the success of our Vacation are trial last holidays, we have decided to continue to run this service to parents next holidays. The Vacation Care program will run from Monday, 1<sup>st</sup> July until Friday, 5<sup>th</sup> July (first week of the holidays). Bookings can be made by contacting Rosie in the office (57 21 5795) during school hours. Place are limited so it will be a "first come, first served" basis. *Places are filling up fast, so get in early if you don't want to miss out.* 

A booking form can be found attached to this newsletter. Cancellations can be made up until a week prior with no charge. Cancelling within a week of the Vacation Care beginning will incur a fee of \$20.00.

#### THANK YOU AUSTRALIA POST WANGARATTA FOR SUPPORTING OUR SCHOOL

## Coming Up.

A few things coming up this month:

5 <sup>th</sup> June	SCHOOL CLOSED – Report Writing Day
10 <sup>th</sup> June	Queens Birthday holiday- School Closed
21 <sup>st</sup> June	SCHOOL CLOSED - (staff attending Mathematics Conference in Melbourne)

### Web Calendar

If parents access the school's website (www3.spwangaratta.catholic.edu.au) you will have access to a calendar of events as they come up. A calendar of events is also published in our newsletter. I will have as many available dates as possible on this site within the next week or so. Please check it periodically as I also add dates as they become known.

## St. Patrick's PS APP REMIND

If you want to keep up with what's happening around the school, you can join REMIND.

It can be downloaded from the app stores to your devices using either of these links:

Apple - https://goo.gl/IHQHGn or Android - https://goo.gl/FJWEv



You will need to join our "Class" after you install and sign up - @spatwang, or St Patrick's Primary School Wangaratta

## Newsletter

Our newsletter can be accessed on our website and our Facebook page. Annette (in the Office) also has a mailing list that she is happy to include you on. Simply email Annette on:

<u>abeitzel@spwangaratta.catholic.edu.au</u> or phone the office (0357215795) and Annette will put you on the list. If all else fails, you can request a hard copy from the office.

## Mass Times

- \* Saturday 6.00pm St Patrick's
- \* Sunday 8.00am St Patrick's
- \* Sunday 9.00am Our Lady's
- \* Sunday 10.30am St Patrick's
- \* Sunday 10.00am Moyhu
- \* Sunday 10.30am Whitfield (1st Sunday)





# **DATES TO REMEMBER**

JUNE

4	5 <sup>th</sup>	-	Report Writing Day – PUPIL FREE DAY
1(	) <sup>th</sup>	-	Queen's Birthday holiday – PUPIL FREE DAY
	l <sup>th</sup>	-	9.00am Learning Walk
19	9 <sup>th</sup>	-	School Photos
2	l <sup>st</sup>	-	Math's Conference – PUPIL FREE DAY
25	5 <sup>th</sup>	-	3.45pm – 7.00pm Parent/Teacher Interviews
20	5 <sup>th</sup>	-	3.45pm – 7.00pm Parent/Teacher Interviews
28	3 <sup>th</sup>	-	2.30pm END OF TERM



## PAT ON THE BACK

Foundation Mrs Levesque	Congratulations to <i>LILY-ROSE CAMPBELL</i> for her positive and enthusiastic approach to her learning, which has helped her complete all tasks.	
<b>Foundation</b> Mrs Shaw	Congratulations to <i>ALEX TEKESIC</i> for his wonderful reading efforts. He asks questions about the text and infers about what has happened and what might happen in the story. Great reading Alex!	
<b>Year 1/2</b> Mrs Bray	A big pat on the back to <b>TOM OVERBERG</b> for the wonderful way he is kind and caring in our class and looks out for others. Keep it up superstar!	
Year 1/2 Cassidy/Russell	Congratulations to <i>EVA KELLY</i> for consistently working hard to improve on her writing. She is demonstrating confidence when self-correcting her writing, including the correct use of punctuation. Keep up the great work, Eva!	
<b>Year 1/2</b> Ms Rinaldi	A big pat on the back to <i>EARNEST BYRNE</i> for making such wonderful progress with his reading. I am so proud of what you have achieved, Earnie – keep it up!	
Year 1/2 Mr Capper	Congratulations to <i>ANNABELLE JOHANSON</i> for making insightful comments and contributions to our class discussions. We love your ideas Annabelle; you display a positive attitude and are consistent in the effort that you put into all classroom activities. Great job!	
Year 3/4 Nicoll/Lynch	Congratulations to <i>ALYSSA FORGE</i> for the persuasive text she constructed outlining why children should be allowed to have mobile phones. Alyssa's text was structured effectively, clearly outlining her arguments and related reasoning.	
Year 3/4 Mrs Newton	A big pat on the back to <b>TOBY EDWARDS-POKRIVAC</b> for working really hard to remain on task, completing all set tasks and making wonderful choices in and outside the classroom. Awesome job, Tobes!	
<b>Year 3/4</b> Mrs Rizzo	A big pat on the back to <b>BAILAN DALTON</b> for the positive mindset he has shown towards his learning and when it comes to facing challenges! You have come such a long way Bailan!	
<b>Year 3/4</b> Mr Levesque	A big pat on the back to <b>OLIVIA SMITH</b> for being an active learner; she consistently edits and revises her work to make sure that it is her best effort.	
<b>Year 5/6</b> Mrs O'Connor	Congratulations to <i>EMILY CICCONE</i> for the excellent growth she has made with her mathematics. Emily is able to apply her existing mathematical knowledge into real life contexts. Great job, Em!	
Year 5/6 Ackerly/Higgs	Congratulations to <i>EMILY BEVAN</i> & <i>GWYNNETH FRAZER</i> for the outstanding presentation they made to the class for the Inform or Instruct writing task. The girls spent their own time on the weekend organising for the presentation. Fabulous effort!	
<b>Year 5/6</b> Mrs Rickard	Congratulations to <i>HELAINA MARTINO</i> for her hard work and determination as she develops her skills of understanding of vertical subtraction. Well done Helaina, keep practising!	

## **WHAT'S HAPPENING IN THE CLASSROOM**

#### FOUNDATION - Caz & Trish

**REMINDER:** 

#### Report Writing Day - School Closure - PUPIL FREE DAY Foundation Liturgy in School Hall - 9.15am on Thursday the 13th June SCHOOL CLOSURE DAY- Friday the 21st June - PUPIL FREE DAY Walk to Merriwa Park - Thursday the 27th June 9.30am-11.00am approximately.

#### \*\*\*There has been a report of Head Lice in the Foundation area. \*\*\*

Please keep your child's hair tied back and check regularly for any eggs or lice present. (To check your child's hair, saturate your child's hair with conditioner. Using a fine comb, comb out the conditioner, wipe on a tissue. Check for any eggs or lice on the tissue. Repeat regularly.)

Religion: This week our unit is, 'I Care For God's World'. We will be looking closely at nature and the many beautiful things God has created for us. In this unit students will begin to appreciate and express wonder at God's creation. They will be introduced to the fact that they have certain responsibilities to live in harmony with creation.

Literacy: The Foundation students will work through a variety of activities related to the big book in their class. They will continue to write lists, letters and wanted posters relating to the big book. The students continue to practise the most used words daily and sounds and letters.

Foundation Levesque - 'Oops! Mr Wishy Washy'. Foundation Shaw - 'Grumpy Elephant'.

Thank you to the parents who have been able to read with the students, we appreciate your time. A huge thank you to the wonderful reading routines that have been established. Congratulations to the students and families who have read over 50 nights.

Mathematics: This week the students have been revising numbers between 0-20 and 1-100. Students will say, write and make the numbers.

They will be involved in various activities to consolidate their learning in this area.

Inquiry: This week during the unit, 'Our Sustainable World' the students will use their senses to look, feel and smell different elements of the environment. **RRRR's:** The students will discuss and name who can help them at school.

Show and Tell This week - Something that is round. **Next week -** Something that starts with the last letter of your name.

#### YEAR ONE/TWO – Janina, Amanda, David & Karen

#### **Important Dates to Remember:**

Friday 7<sup>th</sup> June – Year 1/2 Bray/Cassidy Mass Friday 14<sup>th</sup> June - Year 1/2 Rinaldi Mass Thursday 25<sup>th</sup> June – Year 1/2 Expo

THANK YOU STOCKDALE LEGGO AUCTIONEERS FOR SUPPORTING OUR SCHOOL

#### Literacy:

The week in spelling we are focusing on the 'm' as in man and 'br' as in brag. In our literacy groups we are focusing on compound words and continuing our focus on question marks. Students continue to enjoy reading and writing their own information reports and are becoming more and more confident in including a title, general statement, description and evaluation in their writing.

#### News:

- This week My favourite animal is... An interesting fact about my animal is...
- Next week Share a special memory from a chosen celebration, this may include baptism, birthday or Christmas etc. Students may like to bring in something special from one of these celebrations such as the candle which they received at the time of their Baptism. (This links with our current Religion unit 'Sacraments Are Special Celebrations')

#### Numeracy:

In numeracy this week students are revisiting 'Time'. We will take a closer look at the months and seasons, looking at how to read calendars.

Daily practise activities could include ordering of the months of the year by saying them each day and identifying the season in which each of the months fall.

#### Inquiry:

As a part of the Year 1/2 Inquiry topic 'Tip Toe Through Our World', we are collecting scraps of material and pillowcases which could be recycled into something new. Boomerang bags will be made using old pillowcases, so if families have any odd pillowcases, they might like to donate it would be greatly appreciated.

We are also interested in hearing from any parents/grandparents/friends who may be able to assist with some simple sewing projects.

On Tuesday 25<sup>th</sup> June, from 2.30pm-3.30pm we will be having an expo to showcase our learnings for the term. We would like to invite our families and friends to come into our classrooms during this time.

In conjunction to the expo, this time will be an opportunity for students to swap a book or toy, linking in with our focus of reduce, reuse and recycle. If families would like to donate an old book or toy that they no longer use and bring into school prior to this day it would be greatly appreciated.

#### Meetings:

Please note that the Year 1/2 teachers have meetings scheduled every Tuesday morning before school and Wednesday after school. Just a reminder that teachers can be contacted via email on:

acassidy@spwangaratta.catholic.edu.au kbray@spwangaratta.catholic.edu.au dcapper@spwangaratta.catholic.edu.au jrinaldi@spwangaratta.catholic.edu.au

#### YEAR THREE/FOUR - Sarah, James, Karen, Paul & Nara

A big congratulations to all the children who received the Sacraments of Confirmation and Eucharist on weekend.

#### Reminders:

- Wednesday 5th June: Whole School Closure [PUPIL FREE] for Report Writing Day

- Friday 21st June: Whole School Closure [PUPIL FREE] (Mathematics Conference, Melbourne)

#### Literacy:

This week our students will be looking at the outline of an information report and how to construct an information report. We will be focusing on information reports for the rest of the term, as this is linked to our Inquiry Unit 'Look At What We Have Got'. Information reports are organised using headings and subheadings that are related to the subject. This week students will be working in pairs to learn about the flora and fauna of a country in South America or Africa. Following this, they will select an endangered animal to research.

These information reports will be based on researching an endangered animal of their choice. Our spelling focus this week is '\_ch as in chin and th as in they'

**Homework:** There will be no homework contract this week due to the fact that it is a short week. *However, students are still expected to read each evening and to record a comment in their reading log to describe what they have learnt/where they are up to in their story.* <u>*Please check that this is happening.*</u>

#### Numeracy:

This week students will be continuing to focus on exploring addition written strategies that can be applied to problem solving scenarios. We will be specifically focusing on vertical addition with and without trading, as well as using some of the mental addition strategies we have learnt to check our calculations. This includes strategies such as the *jump strategy* (using a number line to represent the different parts of the calculation) and the *split strategy* (partitioning the number). An example of one of the 'split strategy' is:

451+234 = (400+200) + (50+30) + (1+4)

#### Head Lice:

It's that time of the year where there have been a few reported cases of nits in the 3/4 area. Could you please check your child's hair and treat if necessary! Also, with winter fast approaching could **parents please ensure your child's jackets/jumpers have names on them.** Thank you for your cooperation!

#### YEAR FIVE/SIX – Andrea, Helen & Sharyn

#### Student Free Day this Wednesday - Report Writing Day

#### Numeracy Focus:

This week we are finalising our subtraction fluency tasks. You might like to ask your child how their 'fluency' is with subtraction. They might be able to show you how to rename and trade when subtracting. We are moving onto decimals and fractions and the four processes. New Investigations we will start topics are time, area and perimeter.

#### THANK YOU PRECINCT BAR & RESTAURANT FOR SUPPORTING OUR SCHOOL

#### **Reading Focus:**

Shared reading of Hitler's Daughter in preparation for the workshops in Week 8. Reading a variety of Information text about countries linked with Inquiry.

#### Writing:

Information Text/Procedures and starting research for our Travel Expo.

#### Inquiry:

Students are collecting data with their weather instruments and comparing to the BOM Website. They are also selecting a country to investigate to present at our Travel Expo in the last week of Term.

#### **RRRR** (Resilience, Rights and Respectful Relationships):

This term the Years 5 and 6 will be focussing on Help Seeking. It is important to work with students to make sure they are aware about help-seeking avenues and confident to seek help from an appropriate source when needed.

#### **Division Cross Country:**

Division Cross Country will be held at the Barr Reserve this Thursday, June 6th. Please ensure your child has returned their note and \$3.00. Approximate event times - 10.30am Girls 9/10, 10.45am Boys 9/10, 11.00am Girls 11, 11.20am boys 11, 11.40am Girls 12/13, 12.00pm Boys 12/13.

#### **Interschool Sport:**

#### Draw for Friday 7th June

St Pat's Yellow V Bye St Pat's Green V Wangaratta West (Football at Wareena and Netball at the school)

#### Communication:

To contact your classroom teachers, we encourage you to use the school emails or call the school directly (57215795). As always you are also welcome to visit the classroom.

aoconnor@spwangaratta.catholic.edu.au sackerly@spwangaratta.catholic.edu.au hrickard@spwangaratta.catholic.edu.au khiggs@spwangaratta.catholic.edu.au

## **MAYFAIR SHOWBAGS**



WANTED PLEASE -

McDonald's Toys (in the wrappers), COLES Stikeezs (in wrappers), Keyrings, Lanyards Woolworths Tiles (in wrappers) for Mayfair 2020 showbags.

Please deliver to the office, thank you.



# BE) INFORMED

## How to support your child's body confidence

As a parent you are in a position to have a positive impact from an early age on how your child feels about their body and their self-esteem. Often what we do and say in front of our children can influence their body image and where they see their value.

#### TIPS ON HOW YOU CAN BE A POSITIVE BODY IMAGE ROLE MODEL FOR YOUR CHILD

**Your own relationship with your body** – This may not be easy but being aware of your own body image will help you be conscious of the messages you send your kids. Try to avoid making negative comments about the way you look. If your child knows you feel comfortable with your body, this can help them feel comfortable in their own skin.

**Do not talk about diets** – Dieting is the biggest risk factor for developing an eating disorder. Avoid talking about diets, your "naughty" eating habits, or your weight and size. This can give kids the impression that weight and size are highly valued and they may feel pressure to look a certain way or be a certain size. Focus on eating to nourish our bodies and the pleasure it brings.

Talk to your child about how they feel about their body – Acknowledge if they are feeling uncomfortable or bad then focus on what their bodies can do rather than what they look like; not just physical activities but their other skills such as playing musical instruments, creative outlets and how amazing their brain is! Our worth should not be determined by the number on a scale.

#### EARLY INTERVENTION

Even with the best of intentions, sometimes life throws us a curve ball. It is important to recognise the warning signs of body dissatisfaction and low self-esteem as early as possible.

#### BEHAVIOURS TO BE AWARE OF:

- Withdrawal from social events and activities that they used to enjoy
- A focus on diets, calories and health; talk about wanting to be healthier or fitter; becoming obsessive about checking the nutritional content of what they are eating; excessive exercise.
- Being irritable or anxious around meal times or refusing to eat certain foods or whole food groups.
- Complaints about the way they look, e.g. "I'm ugly" or "I'm fat", or their abilities, e.g. "I'm hopeless".
- Frequent weight changes or rapid weight loss.
- Change in clothing style such as wearing baggy or oversized clothing.

#### SUPPORT

If you notice any of these signs it is important to seek help as early as possible. You can speak to an experienced counsellor about any concerns through our Butterfly's National Helpline, 8am – Midnight (AEST) 7 days a week 1800 ED HOPE (1800 33 4673)

support@thebutterflyfoundation.org.au

P.T.O



# INFORMED

## **Further information**

BALANCED AND ON-MESSAGE RSOURCES AROUND WEIGHT, SIZE AND HEALTHY EATING

- ASDAH Association for Size Diversity and Health <u>sizediversityandhealth.org</u>
- Body Positive Australia <u>bodypositiveaustralia.com.au</u>
- If Not Dieting, Then What? Dr Rick Kausmann <u>ifnotdieting.com.au</u> Available: <u>thebutterflyfoundation.org.au/butterfly-resources/</u>
- Moderation Movement <u>facebook.com/moderationmovement</u>

#### STORY BOOKS FOR CHILDREN

- Full Mouse Empty Mouse by Dina Zeckhausen Available: <u>thebutterflyfoundation.org.au/butterfly-resources/</u>
- Shapesville by Andy Mills and Becky Osborne
- Your Body is Awesome by Sigrun Danielsdottir

#### EATING DISORDER RESOURCES

- National Eating Disorders Collaboration <u>nedc.com.au</u>
- RESET a conversation about boys' body image <u>https://thebutterflyfoundation.org.au/reset</u>
- Feed Your Instinct <u>feedyourinstinct.com.au</u>
   An interactive tool for parents if they are concerned their child may be developing an unhealthy relationship with food, weight, exercise or their body.
- How Far Is Too Far <u>http://www.howfaristoofar.org.au/learn-about-eating-disorders</u>
   To increase understanding of risk factors and warning signs related to eating, exercise and body image

#### SOCIAL MEDIA MANAGEMENT

- Office of the eSafety Commissioner www.esafety.gov.au/parents
- Instagram wellbeing.instagram.com/

#### BODY ESTEEM EDUCATION

 Butterfly Education provide evidence based, age appropriate workshops and presentations to young people in Years 3 – 12. Sessions address body esteem and associated topics; self-esteem, media and peer influences, language, food and exercise behaviours and weight based teasing.

For further information contact: <u>education@thebutterflyfoundation.org.au</u> Tel: 02 8456 3908



## St Patrick's Vacation Care – Monday 1<sup>st</sup> July to Friday 5<sup>th</sup> July 2019

Please complete the form and return to the office.

Name and Age of Children

1) Age	•••••
2) Age	
3) Age	

Please indicate the day/s you would like to book your child/ren in:

Days of Attendance (please tick)

Monday	1 <sup>st</sup> July
Tuesday	2 <sup>nd</sup> July
Wednesday	3 <sup>rd</sup> July
Thursday	4 <sup>th</sup> July
Friday	5 <sup>th</sup> July

Please know that all activities and any excursions will be told prior to commencement of the holidays.

All meals to be provided by parents.

Signature of Parent......(Mother/Father/Guardian)
NOTES.....

\*School resumes on Monday 15th July, 2019



# Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.



laptops & tablets





uniforms & shoes





books & supplies camps & excursions

lessons & activities

To join Saver Plus, you must be at least 18 years or over, have a child at school or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment\*



\* many Centrelink payments are eligible, please contact your local Coordinator for more information

BERRY ST

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.



your local Saver Plus Coordinator

Phone or SMS your name and postcode to 1300 610 355

Email WangarattaBenallaSP@ berrystreet.org.au

Online saverplus.org.au

Find us on Facebook

