

St Patrick's School

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St Patrick's Primary School, Wangaratta, would like to acknowledge the Yorta Yorta Nation, whose clans include Bangerang (Pangerang) Kaitheban, Wollithiga, Moira, Ulupna, Kwat Kwat, Yalaba Yalaba and Ngurai-illiam-wurrung, as the Traditional Custodians of the land on which our school is situated.

This school supports the CHILD Safe Standards (Ministerial Order 870) and actively seeks to ensure that all students are kept safe from all forms of harm at all times.

ST. PATRICK'S SCHOOL NEWSLETTER

27th February 2019

Aunt Joan

A beloved aunt of mine passed away the other day and I must confess to feeling a little sad by her passing. She was one of my Dad's three sisters and, like the other two, she was a most beautiful person. It's not all sad and bad though. I've done lots of talking and joking about dear Auntie Joan. I know, as old as I am, she is and will forever be, my "Auntie Joan". Remembering her creates a rich tapestry of memories for me from as far back as I can remember. She and my uncle (Albert) lived in Maryborough (Victoria) and, as a child growing up in Richmond, it was a huge adventure just to catch the train to go and visit her, not to mention the many, many beautiful memories that I have of both of them.

Joan was one of those rare people who could make you feel like the most important person in the room, in a room full of people. I always felt loved by "Joanie" (as I would often call her to try to get a rise out of her ... It never worked though!).

I remember many conversations with her as I was growing up because I always felt safe to express my opinion knowing it would be respected. She was a very spiritual woman in her own way and her views made me think of other possibilities which assisted me in developing my perceptions of God in my life (although I'm sure that wasn't her intention).

More than anything else though, Auntie Joan made me feel loved and that is the most special gift that she could give me. She wasn't perfect I'm sure, although I must admit I can't really find fault with her (probably something to do with the Corrigan bloodline!.... LOL). I must confess to never having heard a raised voice from her, but she could get "cranky" in a most passive way. She always spoke in calm tones.

The love Joan has for me is the same love God has for me. In that way Aunt Joan was and is connected to God and to me and she helped me to better understand what being loved by God is all about. I still can feel her love just as I can my parents and relatives who have passed on. If I have learnt anything of love is that, at the risk of sounding a little cliché, love never dies and my beautiful Aunt Joan is testament to that fact. Rest in peace Aunt Joan.

Dear Parents.

We are all getting a bit excited about next Tuesday's Pancake Day Breakfast. See the section in the newsletter for details. With the beginning of Lent next week, is the beginning of our collecting for the

THANK YOU PLOUGH INN HOTEL FOR SUPPORTING OUR SCHOOL

Easter Egg Raffle. For families new to St Patrick's here are a few of the details. Each family is asked to donate one Easter Egg to the school (more if you are feeling generous and can afford it). These are then bundled up and made into raffle prizes. There are usually up to fifty prizes to be won, some of the first draws are quite substantial. It is drawn on the last day of the term which, for this year, is a week away from Easter. All money raised goes to CARITAS and Catholic Missions. It's a fun way to do some good for people in need. Thanks, in anticipation, for your support. Easter Eggs can be left at the Office anytime from now on.

2020 Enrolments – Just a reminder

I know that it's too early to be talking about enrolments for next year. However, we only take limited numbers and I need to make sure existing families are catered for first. If you have a child starting in Prep next year, could you please contact the office and let Annette or Rosie know so that we can put your child on our list. There is no need to attend an interview if you are an existing family (unless, of course you want to!).

Curriculum Nights

Last night's Year 3/4 Curriculum night was a great success. Thank you to the parents who attended. Only one Curriculum night to go in this round and that is the Year 5/6 Curriculum night next Monday at 7.00pm 4th March - Year 5/6 from 7.00pm to 8.00pm in the Years 5/6 classroom.

Vacation Care Program

We have decided to trial our Vacation Care Program. The Vacation Care Program will run from Monday the 8th April to Friday 12th April. This is the first week of the school holidays. It will begin at 8.00am and finish at 6.00pm. Cost will be \$40.00 per child per day. Parents are required to send their children with snacks and lunch.

This is a trial and continuing to run the service will depend on how well patronised it is. We are not looking to make a profit from this service, and we try to keep things cost neutral to make it as affordable as possible for families.

If you are interested, then please contact Rosie in the office (57 21 5795) to reserve a place. Please note that it will only run for the first week of the holidays.

School Captains

Congratulations to Layla Steer, Lucy O'Connor, Drew Winter and John Blake on being named our School Captains for 2019. There was an outstanding field of candidates, all of whom made excellent presentations to the Years 5/6 cohort. I would have been thrilled to have seen any of them become our School Captains. The unsuccessful applicants will be given other leadership roles at which I am sure they will excel. We will make a presentation to our School Captains at Friday's assembly.

Looking at all of our senior school student's leadership abilities, I know that it will be a great year because of the fantastic modelling that they do.

Working with Children's Checks

Do you have a current "Working with Children's Check"? If you do, can you please make sure that we have a current copy if you wish to be involved in school activities (excursions etc). Our records indicate that a number of parents on our books have expired "WWCCs". I'm sure they have been renewed. However, we do not have a record. Simply send a copy to school or pop into school so that we can take a photocopy of the certificate. Many thanks.

School Board Meeting

Our first School Board meeting for the year will be this Thursday 28th February at 5.30pm in the staffroom. Agendas were sent out on Monday.

Parents & Friends

Our next Parents and friends meeting will be on Monday 4th March at 6.00pm. Please note that this is on the **SAME** evening as the Year 5/6 CURRICULUM NIGHT. However, the Curriculum night will not start until 7.00pm. The P&F meeting will be finished by the time that meeting starts (I hope).

NEXT TUESDAY - Pancake Day is on 5th March. Please feel welcome to come along and enjoy a pancake breakfast at the school for a gold coin donation. There will be pancakes, fruit and juice available for the students. I have an espresso machine for a decent coffee for the parents (at a small cost). All money raised goes to CARITAS that do brilliant work in supporting people in need both in Australia and overseas.

NEXT WEDNESDAY - Ash Wednesday is on the 6th March. Ash Wednesday marks the beginning of Lent and the forty-day journey to Easter. On that day, the Junior school will have a liturgy in the school hall at 10.00am and the middle/senior students will attend Mass at St Patrick's Church at 12.05pm. Parents and friends are always welcome to join us.



Assembly

This week's Assembly is being run by Year 3/4 Levesque and Rizzo. Please come along and join us if you are free.

Changes to Lunch Orders - Reminder

Just a reminder that the company that looks after the lunch orders have reduced their days to Wednesdays and Fridays only. Parents are free to order online. They are also free to order on the day. Please refer to the attached lunch order list.



Victorian Child Safe Standards

Included as part of this newsletter is a copy of the Victorian Child Safe Standards. These are the basis of the work that we do to as a school to keep our students, and any student who visits the school, safe from abuse. The table that follows outlines some of the action that we undertake in response to the individual standards.

The Victorian Child Safe Standards

The Victorian Child Safe Standards comprise seven (7) Standards and three (3) Principles. The seven (7) Standards are as follows:

Standard 1: Strategies to embed an organisational culture of child safety, including through effective leadership arrangements.

Standard 2: A child safe policy or statement of commitment to child safety.

Standard 3: A code of conduct that establishes clear expectations for appropriate behaviour with children.

Standard 4: Screening, supervision, training and other human resources practices that reduce the risk of child abuse by new and existing personnel.

Standard 5: Processes for responding to and reporting suspected child abuse.

Standard 6: Strategies to identify and reduce or remove risks of child abuse.

Standard 7: Strategies to promote the participation and empowerment of children.

In addition to the seven (7) Standards, the School is required to take into consideration the following three (3) Principles as part of our response to each Standard:

Principle 1: Promoting the cultural safety of Aboriginal and Torres Strait Islander children;

Principle 2: Promoting the cultural safety of children from culturally and/or linguistically diverse backgrounds.

Principle 3: Promoting the safety of children with a disability.

To assist organisations interpret each of the Standards the Victorian Government has published a guide titled **An overview of the Victorian Child Safe Standards**. In addition, the Minister for Education has published **Ministerial Order No. 870** that prescribes certain matters with which registered schools in Victoria must comply as part of their registration requirements.

St Patrick's School has established and implemented our Child Protection Program in accordance with the Victorian Child Safe Standards. The table below sets out each Standard with a summary of how we comply with that Standard.

Standard	Short Description	How St Patrick's Applies this Standard		
1.	Organisational	St Patrick's complies with this Standard in a number of ways		
	culture of child	including:		
	safety, including			
	through	The development of this Child Protection Program, our		
	effective	Child Protection and Safety Policy and Child Safety Code of		
	leadership	Conduct; the appointment of senior staff members as the		
	arrangements	School's Child Safety Officers who act as "Child Protection Champions" and are tasked with the overall responsibility for embedding an organisational culture of child protection in the School;		
		Each Advisory Board *member/director*, staff member and Volunteer having to complete Child Protection Training which provides information with respect to key risk indicators of child abuse and reporting procedures;		
		Establishing clear guidelines for reporting child abuse concerns; and creating an environment supportive of children from Aboriginal and Torres Strait backgrounds, culturally and/or linguistically diverse backgrounds and children with a disability.		
2.	A child safe policy or statement of commitment to child safety	St Patrick's has developed and implemented a Child Protection and Safety Policy that describes the key elements of our approach to child protection as well as an overarching set of principles guiding the development of policies and procedures to protect children from child abuse.		
		Our Child Protection and Safety Policy is published through various mediums including our public website.		

 4. 	A code of conduct that establishes clear expectations for appropriate behaviour with children Screening, supervision, training and other human resources practices that reduce the risk of child abuse by new and existing	St Patrick's has created a plain English Child Safety Code of Conduct which specifies appropriate standards of behaviour for adults towards students in all School environments, including outside of school hours. St Patrick's has created child safe human resources practices including those relating to: Recruitment, Selection & Screening Our Working with Children Checks Policy Child Protection Training Our Child Safe Culture
5.	personnel Procedures for responding to and reporting allegations of suspected child abuse	St Patrick's has established simple and accessible procedures for anyone to report a child abuse concern internally to one of the School's Child Safety Officers. St Patrick's has developed and implemented procedures for Advisory Board *members/directors*, staff and Volunteers for responding to allegations and disclosures of child abuse, or suspected child abuse, including procedures for support following a disclosure by a student. Refer to our Procedures for Responding to and Reporting Allegations of Child Abuse. Reporting procedures for Third Party Contractors, External Education Providers, Volunteers, parents/carers and other community members are included in our Child Protection and Safety Policy which is available on our public website. Age appropriate reporting procedures for students are developed
6.	Strategies to identify and reduce or remove the risk of abuse	through our pastoral wellbeing program. The School has adopted a risk management approach to child safety. Key risk indicators of child abuse are documented in our Child Protection Program and also included in our Child Protection Training. The School has developed a number of strategies, policies and procedures to create a risk-based approach to child safety and protection. Refer to Child Protection Pick Management.
7.	Strategies to promote the participation and empowerment of children	protection. Refer to Child Protection Risk Management. St Patrick's has developed strategies to promote the participation and empowerment of children including policies and procedures related to age appropriate pastoral wellbeing and supporting children with disabilities and children from culturally diverse backgrounds.

Web Calendar

If parents access the school's website (www3.spwangaratta.catholic.edu.au) you will have access to a calendar of events as they come up. A calendar of events is also published in our newsletter. I will have as many available dates as possible on this site within the next week or so. Please check it periodically as I also add dates as they become known.

Direct Debit of School Fees

Direct Debit will start this Friday 1st March and continue until 6th December (10 payments).

Immunisation Certificates

We are still missing a few Immunisation Certificates from our new Foundation (Prep) families. We need to sight and take a copy of your child's Immunisation Certificate.

Newsletter

Our newsletter can be accessed on our website and our Facebook page. Annette (in the Office) also has a mailing list that she is happy to include you on. Simply email Annette on:

<u>abeitzel@spwangaratta.catholic.edu.au</u> or phone the office (0357215795) and Annette will put you on the list. If all else fails, you can request a hard copy from the office.

St. Patrick's PS APP REMIND

If you want to keep up with what's happening around the school, you can join REMIND.

It can be downloaded from the app stores to your devices using either of these links:

Apple - https://goo.gl/IHQHGn or Android - https://goo.gl/IHQHGn or Android - https://goo.gl/FJWEv

You will need to join our "Class" after you install and sign up - @spatwang, or St Patrick's Primary School Wangaratta



Mass Times

- * Saturday 6.00pm St Patrick's
- * Sunday 8.00am St Patrick's
- * Sunday 9.00am Our Lady's
- * Sunday 10.30am St Patrick's
- * Sunday 10.00am Moyhu
- * Sunday 10.30am Whitfield (1st Sunday)



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DATES TO REMEMBER

FEBRUARY	28^{th}	-	5.30pm School Board Meeting
MARCH	4 th 4 th 5 th 6 th	- - - -	7.00pm P & F Mayfair Meeting 6.00pm to 7.00pm Curriculum Night Year 5/6 Shrove Tuesday (8.00am Pancake Day) Rest Day for Foundation 12.05pm Ash Wednesday – Mass Years 3-6
MAY	5 th	-	MAYFAIR
JUNE	19 th	-	School Photos

RESILIENCE, RIGHTS AND RESPECTFUL RELATIONSHIPS

Stress Management

Health and Physical Education

- * Students understand how emotional responses impact on others' feelings
- * Students recognise how strengths and achievements contribute to identities
- * Students select strategies at home and/or school to keep themselves healthy and safe and are able to ask for help with tasks or problems

CHATTER MATTERS

PHONOLOGICAL AWARENESS

WORD AWARENESS:

How many words?

Adult to say the sentence and ask the child to count the number of words in the following sentences using their fingers or counters/blocks:

- I love my family
- It is hot and I would like an ice-cream
- My holiday was filled with lots of adventures
- The cat in the hat was sitting on the mat.
- I was driving my car to work when it ran out of fuel
- I enjoy looking at the stars in the sky at night
- I really want to have a bubble bath and play with some bath toys
- Travelling on a plane can be fun when my friends or family are with me
- Riding a bike through the rough dirt road was thrilling
- Baking delicious chocolate chip cookies with my mum is so much fun

You could also choose sentence from their readers or texts.

Please Bring Old Shirts & Singlets to School

We have an assignment to make the Mayfair more sustainable. We plan to use your old t-shirts and singlets that you bring, to make into bags. Please bring any old t-shirts you have at home and put them in the drop box in the Science room.

Thank You Sarah Hamill and Lucy Nolan

DIVISION SWIMMING

Good luck to those students who are competing for St Patrick's at the Division Swimming competition at the Olympic pool tomorrow (Thursday 28th February).

Please remember to be at the pool 30 minutes prior to your event. Look for Mrs Rickard who will be set up under our St Patrick's marquee.

MAYFAIR Sunday 5th May 2019

Mayfair Sunday 5th May!! Put the date in your diaries, it will be here before we know it! New parents to our school, Mayfair is a fantastic way to meet other parents & your children love to see you being involved.

We need your help! If you were a stall coordinator last year, please contact us ASAP! We need plants for our plant stall, if you or family members like to garden, pot us up some plants!

If you can sew or make craft, WE NEED YOU!!!!

If you know a business that would be willing to donate or if you are able to donate in any way eg wood, side of lamb etc please let us know. The Mayfair donation letter will be sent home soon.

Thankyou! Hannah Robinson 0414993304 Pip Nolan 0417126580



MAYFAIR SHOWBAGS

WANTED – Brown Paper bags COLES Mini Shop Collectables McDonald's Toys (in the wrappers) Keyrings, Lanyards for Mayfair 2019 showbags.



Please deliver to the office, thank you.

PAT ON THE BACK

Foundation Congratulations to FLYNN MCCOY for being an enthusiastic learner who uses

a positive mindset when completing tasks at school. Mrs Levesque

Foundation Congratulations to **ZARA HAMILTON** for being a great help to Miss Sirianni

Mrs Shaw in the classroom whilst Mrs Shaw was away.

Year 1/2 A big pat on the back to AMY MCGENNISKEN for the confidence she is

Mrs Bray showing towards her learning. Amy is joining in with class activities and sharing

lots of answers with us. Keep it up superstar!

Year 1/2 Congratulations to *ORLA WILKINSON* for her persistence and confidence in

Cassidy/Russell spelling complex words. We love seeing how you tackle challenging words and

look for patterns in words spelt. Well done, Orla!

Year 1/2 Congratulations to *ELI HACK* for always commencing work tasks immediately.

Ms Rinaldi You set a great example to others, Eli!

Year 1/2 Congratulations to *MILLIE MCGENNISKEN* for always being actively involved

in all our learning experiences. She always presents her work neatly and Mr Capper

colourfully. You are amazing, Millie!

Year 3/4 Congratulations to *MIA CRIMMINS* for the development that she has

Nicoll/Lynch demonstrated in producing sizzling starts for her writing.

Year 3/4 A big pat on the back to **LAINEY DRAPER** for continuing to extend herself in

Numeracy in the area of place value. She is grasping the hundreds of thousands

concept with ease. Continue the great work superstar!

Year 3/4 A big pat on the back to *LUKE DILLON* for challenging himself to improve by

Mrs Rizzo staying focused and on task and producing some amazing artwork. Love it Luke!

Keep up the wonderful effort!

Year 3/4 A big pat on the back to **ARCHER GRAY** for the kind and caring way he includes Mr Levesque

others in group activities in the classroom and on the playground, at recess and

lunch.

Mrs Newton

Year 5/6 Congratulations to **COOPER EYKENBOOM** for displaying great patience,

Mrs O'Connor perseverance and tolerance when completing tasks and working in groups. These

great personal attributes will take Cooper a long way. Well done!

Year 5/6 Congratulations to BRIHANNA MCKENZIE for always giving 110% effort in Ackerly/Higgs

everything she does and the kind and inclusive way she conducts herself within

the classroom. Keep up the awesome work!

Year 5/6 Congratulations to AMELIA MULLAVEY for the persuasive writing piece she Mrs Rickard wrote, nominating herself as Australian of the Year, in the year 2039. She used

persuasive language and humour to present her argument to the judges as to why

she should be the winner. Well done, Amelia!

WHAT'S HAPPENING IN THE CLASSROOM

FOUNDATION - Caz & Trish

What a week! It's hard to believe the students have been at school for half a term!

Religion: We continue our unit, 'What do we know about Jesus?' We will continue listening and discussing stories about Jesus from the bible.

Literacy: The Foundation students will enjoy listening, reading and completing many reading, writing and oral language activities from the big books. Foundation, Levesque - 'To Town' and Foundation Shaw - 'Mrs Wishy Washy'.

Parent Reading Information Session:

Thank you to the parents who were able to attend today's information session. Next week we have another reading information session. All welcome.

****Parent Reading Information Evening****

Wednesday 6th March 5.30pm-6.15pm

Mathematics: We continue to explore patterns. Can you find a pattern around the house? Can you continue this pattern?

Inquiry: We will begin the unit 'Shaping our Identity'. The students will consider what they like and learn ways to express themselves.

Show and tell:

This week - 'Two things that rhyme'

Next week - 'An item that has a rectangular shape.'

YEAR ONE/TWO - Janina, Amanda, David & Karen

Literacy

Reading

- The daily routines of reading e.g. Take Home Books continue
- Please ensure the green take home bags with readers come to school each day. A number of children are forgetting to bring their readers.
- A fun activity is to find picture story books on YouTube which can be listened to by the children, e.g. This week in class the children will share the picture story book - I AM THE DOG on YouTube. Children will then write a story about swapping places with their pet. Enjoy viewing them with your child/ren.
- We cannot emphasise enough the importance of asking questions so as to develop comprehension strategies.

Handwriting

- There will be a daily focus on handwriting, particularly on the correct formation of letters. This week's letter is 'il'
- We will continue to encourage correct pencil grip and paper position.

THANK YOU DONNA BELLA LINGERIE FOR SUPPORTING OUR SCHOOL

Writing

Continuing with Recount.

Spelling

Spelling is 'th' as in bath and 't' as in tap

Dictation

 Daily focus continues. We are encouraging the children not to use capital letters unnecessarily and to remember the capital letter at the start of the sentence and the full stop

Numeracy

Position and Location

Physical Education

Mondays and Fridays this term

Rotations

The four classes rotate through four activities each Tuesday

<u>Library (David)</u> – Features of a Picture Story Book – predicting what a book might be about by looking at the title and illustrated front cover.

<u>Italian (Janina)</u> – What is your name and answering appropriately

STEM (Amanda) – STEM extension program.

<u>Inquiry (Karen)</u> — Use a timeline to illustrate the events that take place during our school week. This will lead into timelines of how all living things get older and have stages of life.

YEAR THREE/FOUR - Sarah, James, Karen & Nara

A big thank you to all parents and friends who could make our Curriculum night. We appreciate your time and support.

Religion

We are continuing to work on the unit Circle of Life. Students are asked to think about a time in their life which has made them sad and how they overcome this feeling. Who was there to support them at this sad time?

Literacy:

Reading:

We are continuing reading a variety of picture story books identifying the problems and solutions in each book. This week in writing students will start planning writing their own stories.

Spelling Focus: i e as in vine and ime as in time

Maths:

Students are working place value. This involves the children recognising, modelling, representing and ordering numbers to at least 10 000 for year 3, while Year 4 focus to at least tens of thousands.

Homework:

Students should have been given their homework for this week, their homework is what they have been learning in class. It is just a recap of what they have been learning. We encourage any students that are having any trouble with the homework to please see their teacher.

YEAR FIVE/SIX – Andrea, Helen & Sharyn

Curriculum Foci

Numeracy Focus - Place Value - rounding, expanding numbers, investigations

Reading Focus - Reading different non-fiction text types related to information texts

Writing - Persuasive letter writing - School leadership submissions for Year 6's, School improvement ideas Year 5s.

Religious Education - Harmony & Creation with an Indigenous perspective. Dr Treahna Hamm is conducting an Indigenous Spirituality Art Project with the Year 5 and 6 students.

Inquiry - Ethics and Emotions & the 4R's (Respectful Relationships, Rights and Responsibilities)

See-Saw

Thank you to all the families who have signed up to SeeSaw. This digital platform is secure and an excellent way of seeing what your child has been up to in class, as well as receiving notifications from your classroom teacher. If you're experiencing difficulty signing up please let your classroom teacher know.

Homework

Homework for the Year 5/6 students has commenced. The students are required to read daily (recording in their reading log) and respond to a stem question from 'About the Text'. Complete LCWC of their spelling words and solve the addition number patterns maths activity. Homework is to be submitted Monday.

RRRR (Respectful Relationships, Rights and Responsibilities)

This term the Years 5 and 6 will be focussing on Stress Management. The aims of this unit are to identify some causes of stress and strategies that can be used to reduce stress and to identify and explain factors that influence effective communication in a variety of situations. The evidence behind this unit states. 'Stress is a normal part of life, especially as children get older. Children who cope better with life's stressors develop good mental health and wellbeing.10 Assisting students recognise their personal signs and symptoms of stress to develop strategies that will help them to deal with those effectively, will help them cope with challenges in the future' (RRRR, 2018).

Year 5 and 6 Curriculum Night:

The Year 5 and 6 Curriculum Information Meeting is scheduled for Monday the 4th March starting at 6.00pm. This evening will provide parents with the learning outcomes and foci for the coming year.

Year 5 and 6 Camp:

This week, notes have gone home explaining our Year 5/6 camp to Alexandra Adventure resort. The camp will be from Monday 25th March through to Wednesday 27th March. Details regarding the camp can be found in the notes, however, if you wish to discuss the camp in more detail, please see your child's classroom teacher.

Communication:

To contact your classroom teachers, we encourage you to use the school emails or call the school directly (57215795). As always you are also welcome to visit the classroom.

aoconnor@spwangaratta.catholic.edu.au

sackerly@spwangaratta.catholic.edu.au

hrickard@spwangaratta.catholic.edu.au

khiggs@spwangaratta.catholic.edu.au

2019 School Captain Introductions

John Blake

Hi, I'm John and I am one of the 4 school captains for 2019. I'm glad I get to share this special role with three awesome people. I am very excited to be school captain and will show pride and honour while representing the school. I am looking forward to leading the school this year and as school captain I will make sure my schoolmates, buddy and classmates have a great 2019 at St. Patrick's.

Drew Winter

Hi, I'm Drew and I am honoured to be one of the school captains of St Patrick's Primary school for 2019. Being elected to be one of the four school captains was a huge achievement for me and I am excited to do all of the fun things that we will get to do in 2019. To be a school captain means to be a leader and take care of my peers and my buddy.

Lucy O'Connor

Hi, I'm Lucy and I am honoured to be one of your 2019 School Captains. When I got school captain, I was shocked, I couldn't believe that I got it and I thought that Mr Corrigan was joking, but I still stood up and accepted the role. I am excited to represent the student body and to go to St Patrick's functions on their behalf. I would also like to congratulate the other Captains and all of the candidates as it takes a lot of courage to run for the position in the first place.

Layla Steer

When Mr. Corrigan announced my name Layla Steer as one of 2019's school captains, I was a bit shocked but I was honoured. The thing I am most looking forward to this year is making this school a better place such as making casual clothes a more consistent thing, making superhero day a thing again and much, much more. I am very happy and I would like to congratulate the other school captains on their achievement and also congratulate the other people who ran on amazing effort and wish everyone good luck for 2019.









Dear Parents

At St Patrick's we aim to create a safe and supportive school community for everyone.

Although I am pleased to say that most forms of bullying are a rare occurrence at school, it also exists in other areas of life. It is therefore important that we provide our children with skills on how to deal with such situations, as this sort of behaviour can have a profound and lasting effect on the mental health of the individual.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

We are sending you a pocket card from Bullying. No Way! with tips on what to do if your child talks to you about bullying. Parents know their children best and know the best way to



- you about bullying:
- 1. Listen calmly and get the full story. 2. Reassure your child that they are
- 3. Ask your child what they want to do about it and how you can help.
- 4. Visit www.bullyingnoway.gov.au to find some strategies
- 5. Contact the school.
- 6. Check in regularly with your child.

tailor communication to their needs. Adapt these tips to what works for you and your child.

If your child talks to you about bullying:

- 1. **Listen** calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
- 2. Reassure your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
- 3. Ask your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
- 4. Visit www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
- 5. Contact the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.
- 6. Check in regularly with your child. Keep the conversation going. It can take time







to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the "Bullying. No Way!" website for parents. As well, please feel free to contact the school if you would like to discuss any aspect of our approach to preventing bullying.

Thanks for your support to make St Patrick's a great school for everyone.

Yours

Helen Lyons

(Deputy Principal / Wellbeing)

Year 7 (2020) Enrolment Information

Envolment at Galen - 4 easy steps

Step 1	Attend our Information Evening	Date: Tuesday 12th March Time: 7.00pm Location: Galen Catholic College Stadium	No need to book
Step 2	School Tours: see Galen in action	Available dates: • 14th March 9.15am & 1.50pm • 15th March 9.15am & 1.50pm • 18th March 9.15am & 1.50pm • 19th March 9.15am, 1.50pm & 5.00pm • 20th March 9.15am, 1.50pm & 5.00pm	Book online: www.schoolinterviews.com.au (login code: 2fz7t) Or Contact the school: 5721 6322 Or Book by email: admin-enquiry@galen.vic.edu.au
Step 3	Submit your application	Applications available from galen.vic.edu.au or Main Office Due date: 22nd March	By mail or In person
Step 4	Attend an interview	Available dates: • March: 25th, 26th, 27th, 28th, 29th • April: 1st, 2nd, 3rd, 4th, 23rd, 26th, 29th, 30th • May: 1st, 2nd, 3rd, 6th, 7th, 8th, 9th & 10th	Book online: www.schoolinterviews.com.au (login code: zefwa) Bookings open 21st March





INFORMATION FOR PARENTS FOR PARENTS PREMIER'S ACTIVE APRIL 2019 Get active this April with our parents of the parents of th



Premier's Active April encourages Victorian families to get healthy and active by participating in 30 minutes of physical activity a day for the month of April and beyond. Jump on board and support our school.

Register and help our school win:

- ➤ A range of Sportsmart vouchers for schools with the highest registration numbers to buy new school equipment and resources
- Visits from high profile athletes
- ► An ACTIVE Map school bike education course
- ► A bike education workshop with a healthy breakfast
- > \$2000 Sportsmart voucher for most active school

You will also receive:

- ► 10 free passes at your local **YMCA** or access to a local government recreation facility
- ➤ 30% discount at **SEA LIFE** Melbourne Aquarium and **LEGOLAND** Discovery Centre Melbourne
- One 2 for 1 ticket offer for Otway Fly Treetop Adventures
- ► 10% discount at Sovereign Hill
- ▶ 15% discount at **Sportsmart** in store and online
- Free experiences at participating Parks Victoria parks

- ▶ 15% discount for a Coasting: Stand Up Paddleboarding session
- ▶ 15% off **Rock Up Netball** Train and Youth Programs
- ▶ 20% discount for **Netball Victoria** community clinics
- One 2 for 1 green fee offer at participating Golf
 Victoria courses
- ▶ 10% discount on term 2 My Golf Junior Programs
- ➤ One hour free tennis court hire at Melbourne Park or Albert Reserve
- ► Five free group dance lessons at a participating **DanceSport Victoria** centre
- ► Entry into the draw to win tickets to 2020 **Australian**Open Tennis Finals*
- One free Cardio Tennis trial at participating Tennis Victoria courts
- ➤ One hour free tennis court hire at Melbourne Park or Albert Reserve
- ► Entry into the draw to win tickets to 2020 **Australian Open** Tennis Finals*





Register today – activeapril.vic.gov.au

Enjoy quality family time for free just by getting involved. Create a family team and see what different activities you can achieve together.

Register your family and you could win:

- · Fitbits and iPad minis
- Memberships and passes for SEA LIFE Melbourne Aquarium, LEGOLAND Discovery Centre and Otway Fly Treetop Adventures
- · Family memberships for Sovereign Hill
- · Family tickets for the Suncorp Super Netball
- · Sportsmart vouchers
- Family weekends at Anglesea YMCA Recreation Camp

Physical activity during childhood can help with:

- · Developing a healthier heart and lungs
- · Building stronger bones and muscles
- · Improving motor skills
- · Improving self-esteem
- · Reducing stress and anxiety
- · Improving school performance
- · Improving concentration

What you can do as a parent:

- Do some Get Active Workouts at home or in the park with the kids
- Turn off the TV and computer, and limit screen time
- Plan fun activities with your children let them choose
- Find out what our school is doing to see what you can do at home
- Check out local offers and events in our area

Suggested activities you can do as a family:

- Walk to school
- Walk the dog
- · Go for a family bike ride
- Explore where you live and walk a different route
- Do the family chores together shopping, washing the car
- · Set up a backyard obstacle course
- Get some chalk and make a downball or hop-scotch court on your driveway

- Play a game of backyard cricket
- Play kick-to-kick with the footy or soccer ball
- · Plav wall tennis
- Play backyard volleyball with a balloon. Try to keep the balloon up!
- · Throw a frisbee
- · Jump rope
- Hula hoop
- Play hide and seek
- · Head to the local playground
- Fly a kite
- Perform an activity during every ad break on TV
- · Make your own treasure hunt
- Get a pedometer for everyone in the family and compare your steps
- · Set goals and rewards
- Create your own motivational posters to put up around the house

Get your Active April Family Planner

<u>Download</u> and print your family planner with 30 fun family activities to kick start your Active April. Set a family challenge, track your progress and see how many activities you can do!



MAJOR PARTNERS



















PREMIER'S









TRANSITION TO YEAR 7

WANGARATTA HIGH SCHOOL

INFORMATION NIGHT

Thursday 7 March 2019 6pm to 7pm

In the Flexible Learning centre (FLC)

Please call 03 5723 0500 or email wangaratta.hs@edumail.vic.gov.au to book





